Exploring "Flying"

**QUESTION 1:** Close your eyes and imagine what it would be like to fly. What does it feel like to fly? Where would you want to go? What would you see?

**QUESTION 2:** Consider the different steps of flight. Can you create a movement to show each of the steps? You can try doing them to the music of your choice!

1. Preparation
2. Take Off
3. Full Flight
4. Preparation for Landing
5. Landing

**QUESTION 3:** Can you draw what you saw on your flight? Can you map the route? Or, more simply, write down a few words of where you’d go and why. (You could display all these cards together.)