

# TimeSlips™

**Join the Creative Care Revolution!**

For 20 years, TimeSlips has taught care partners to replace the pressure to remember with the freedom to imagine... bringing meaning and purpose into the lives of elders through creative engagement. Founded by MacArthur Fellow, Anne Basting, TimeSlips offers hundreds of prompts and online tools for creative storytelling and other engaging activities for people of all ages and abilities. We harness the power of imagination to change the way the world understands aging and dementia.

We offer TimeSlips training to anyone who wishes to bring meaning and purpose to the lives of elders through creative engagement. We are evidence-based, award-winning, person centered and joyful. TimeSlips certification is ideal addition for elder care professionals as well as those in the arts, culture and education (social workers, activity professionals, administrators, clinical staff, and occupational recreation, physical and creative arts therapists).

Through a combination of instruction, interaction and practice, trainees will learn:

- The link between person-centered care and creative engagement.
- That late life is a time for growth, meaning, purpose, and expression.
- The TimeSlips improvisational storytelling method.
- How to connect to our international TimeSlips network of facilitators.
- How to use TimeSlips digital tools to support your creative engagement practice.

Research suggests that TimeSlips can:

- Increase the quality and quantity of interactions between staff and residents in care settings.
- Improve staff and student attitudes toward people with dementia.
- Improve affect and communication among people with dementia.
- Reduce medications.
- Decrease distressed behaviors among people with dementia.
- Increase social engagement among people with dementia.

